AGING AND DISABILITY SERVICES DIVISION



THE FORCE AWAKENS

NEVADA'S SERVICE SAGA

AN AGING AND DISABILITY SERVICES CONFERENCE





CONFERENCE PROGRAM













School of Medicine

CONFERENCE OVERVIEW

About Event

The 2024 Nevada Aging and Disability Services Conference will take place from April 17-18, 2024, with a half-day dedicated to community partner development and technical assistance on April 16th. The conference will provide technical assistance, education, and training, as well as provide opportunities for attendees to develop strategic collaborations and innovative, sustainable service delivery solutions.

The Purpose

The conference aims to educate participants about the latest developments and challenges in the aging and disability services sector in Nevada, foster collaborative networks among state agencies, providers, governments, and consumers, improve service delivery, equity, and inspire innovative solutions for the aging and disability population. It will also encourage stakeholder engagement and collect diverse insights for future planning.

Tracks

The conference features four learning tracks:

- Person Centeredness
- Diversity, Equity, and Inclusion
- Workforce
 Development
- Innovative
 Collaboration

FLOOR MAP



OUR SPEAKERS

Simply scan the QR code using your smartphone or tablet's camera, and you'll be directed to a webpage housing profiles of all our conference speakers.

This centralized hub offers information about each speaker, including their background, expertise, session topics, and any additional resources they may provide. Whether you're interested in learning more about a specific speaker or exploring the diverse range of topics covered at our conference, our QR code system ensures that all the information you need is just a scan away.



SANFORD CENTER FOR AGING OFFERS:

Direct services to older adults including:

- Geriatrics Specialty Care Clinic
- Community Wellness Programs
- Medication Therapy Management
- Transportation Services
- Elder Companionship

Educational Opportunities for:

- Caregivers
- Healthcare Professionals
- University of Nevada, Reno Students
- Lifelong Learners with OLLI

Volunteer Opportunities





AGENDA AT A GLANCE

Tuesday, April 16, 2024

12:30pm - 5:00pm Early Check In

1:00pm - 2:45pm Learning Intensive 1

2:45pm - 3:15pm Break

3:15pm - 5:00pm Learning Intensive 2

Wednesday, April 17, 2024

7:30am - 8:30am Check in and Breakfast

8:30am - 9:00am Welcome and Opening

9:00am - 10:00am Plenary Session-Lived Experience Panel

10:00am - 10:15am Break

10:15am - 11:30am Breakout Session 1

11:30am - 12:45pm Lunch, Networking, and Exhibitor Tables

12:45pm - 2:00pm Breakout Session 2

2:00pm - 2:15pm Break

2:15pm - 3:30pm Breakout Session 3

3:30pm - 3:45pm Break

3:45pm - 5:00pm Breakout Session 4

Thursday, April 18, 2024

8:00am - 9:00am Check in and Breakfast

9:00am - 10:30am Plenary Session

10:30am - 10:45am Break

10:45am - 12:00pm Breakout Session 5

12:00pm - 1:15pm Lunch, Networking, and Exhibitor Tables

1:15pm - 2:30pm Breakout Session 6

2:30pm - 2:45pm Break

2:45pm - 4:15pm Breakout Session 7

4:15pm - 4:30pm Break

4:30pm - 5:00pm Closing and Call to Action

APRIL 16: LEARNING INTENSIVE BREAKOUTS

1:00 pm | Learning Intensive Breakout 1 (pick one)

The Life of a Medicaid Waiver

Room: Paradise A

Presenters: Michaela Lipon, Rosa Lester, Cathy York, Ellen Frias-Wilcox, Anothy

Jones, and Ryan Studebaker

This session will discuss what happens with the Home and Community Based Services (HCBS) waivers from start to implementation of services from a multi-divisional perspective. Hear from experts from Aging and Disability Services Division, the Division of Welfare and Supportive Services, and the Division of Health Care Financing and Policy to explore all the ins and outs of Medicaid waivers in our state.

Show Me the Money: From Budgets to Reimbursements

Room: Paradise B

Presenters: Kristi Martin and Alexandra Crocket

This session will provide participants with information and guidance on completing and submitting the ADSD Budget Template and the Request for Reimbursement workbook. Pointers and tips, reasons for budget revisions, and information on calculating indirect and match will also be discussed during this session.

3:15 pm | Learning Intensive Breakout 2 (pick one)

Medicaid Billing Technical Assistance

Room: Paradise A

Presenters: Monica Schiffer, Ellen Frias-Wilcox, Sarah Dearborn, Mackenzie Lopez, and other Division of Health Care Finance and Policy representatives

This session will review Medicaid billing practices with expert guidance on navigating the complexities of Medicaid billing. Gain practical strategies and technical assistance to optimize reimbursement!

Use the Force: Networking and the Battle Against Unmet Needs

Room: Paradise B

Presenters: ADSD Planning & Community Services Teams

This is an interactive session to discuss lessons learned, best practices, and strategies for moving forward. Participants will have an opportunity to network and give meaningful input on the future direction of service delivery, outreach, and partnership.





Tancell Care serves individuals with developmental disabilities under their Supported Living Programs and individuals with behavioral health issues in their outpatient setting.

Tancell Care provides a cluster of personalized services for the following areas which include, but not limited to; problem solving, self care, health and safety, social skills, community integration, home maintenance, food and nutrition, behavioral support and treatment, nursing, crisis management and prevention, money management, leisure activities, and accessing community resources.



APC is a Jobs and Day Training (JOT) provider located in Las Vegas, serving Southern Nevada. APC is licensed with the Desert Regional Center (DRC) under the State of Nevada's Aging and Disability Services Division as well as the Bureau of Vocational Rehabilitation (BVR).

APC provides a wide range of programs such as: pre-vocational services, job exploration, supported employment, and day habilitation. APC also offers custom merchandise services, with items being created in-house, staffed by our individuals.

Tancell Care and APC are subsidiary companies of



APRIL 17: FULL CONFERENCE DAY 1

10:15 am | Breakout Session 1 (pick one)

The Social Impact of Generational Diversity in the Workplace

Room: Emerald A

Presenter: Natalie Mazzulllo, M.Ed.

Effective communication across generations is crucial for an agency to run successfully, especially with five generations now in many workforces. To bridge this potential generational communication gap, it is essential to address implicit bias, challenge stereotypes, be open-minded, and listen. The session will outline work traits for each generation, discuss their work environment preferences, identify communication methods, and address ageism.

<u>Effective Communication Strategies and Understanding Dementia Related</u> Behavior

Room: Grand 7

Presenter: Phillip Kalsman

We will explore how communication takes place when someone is living with any form of dementia. By the end of the program, you will be able to: Explain the communication changes that take place throughout the course of the disease. Decode the verbal and behavioral messages delivered by someone living with dementia and respond effectively. Identify strategies to help you connect and communicate at each stage of the disease. In addition, we will review the challenging behavioral aspects of Alzheimer's and dementia and share strategies you can use to help address those challenges. These strategies include, assessing and identifying common triggers and learn the four-step process to understanding and addressing common dementia-related behaviors.

<u>Communication Access: Working with Individuals who are Deaf, Hard of Hearing and Speech Disabled</u>

Room: Emerald C/D

Presenters: Jennifer Montoya and Andy Firth

The purpose of this presentation is to provide information and resources on how to work with Deaf, hard of hearing and speech disabled individuals. Information will include different identities, different communication tips and resources that can be used. The presentation will also include personal experiences from both presenters.

Nevada Early Intervention Services: Successful Partnerships and Collaborations

Room: Emerald B

Presenter: Danielle Stage, MD, MPH

The session will focus on current and ongoing partnerships/collaborations between Nevada Early Intervention Services (NEIS) Reno and several other agencies and organizations in Northern Nevada. These collaborations have strengthened ties with the community and allowed for enhanced services for the children and families served by NEIS. The presentation will touch on collaborations between NEIS and the Renown Neonatal Intensive Care Unit (NICU) prompting the creation of the Developmental Bridge Clinic, the Autism Treatment Assistance Program (ATAP) including an introduction meeting for families of newly diagnosed children with autism, the Nevada Division of Child and Family Services, Safe Babies Court, and the Prenatal Exposure Assessment Team.

12:45 pm | Breakout Session 2 (pick one)

<u>Bridging Cultures, Enriching Lives: Collaborative Strategies for Enhancing Aging and Disability Services for Nevada's Tribal Communities</u>

Room: Grand 7

Presenters: Carla Eben, Billie Jean Guerrero, Deidra Quiamyousie, Casey Acklin, Charae Wamsley, and Niki Rubarth

In the dynamic landscape of community-based programming, the integration of culturally sensitive and effective strategies for aging and disability services within Nevada's tribal communities stands as a critical imperative. This session aims to foster a comprehensive dialogue and collaborative approach towards enhancing resources and services for tribal elders and individuals living with disabilities, with a specific focus on tribal members living with dementia and their family caregivers.

Creative Collaborations: A Unified Approach in Times of Disaster

Room: Emerald A

Presenters: Heather Lafferty and Kimberly Palma-Ortega

In an era where inclusivity and accessibility are at the forefront of societal values, the intersection of emergency management and disability services has become a focal point for innovative collaboration. This sessions will spotlight the dynamic partnership between the Nevada Division of Emergency Management and Nevada's Aging and Disability Stakeholders, shedding light on the strides made to ensure the safety and well-being of all community members, especially those with diverse needs.

Nevada's Grow Your Own Initiative: Professional Development (PD) Center

Room: Emerald B

Presenters: Lori Ann Malina Lovell, DrPH, Maya Raimondi, Jennifer Kellogg, and Abbie Chalupnik

Follow the journey of the Nevada Early Intervention Professional Development Center from its conception as a workforce retention initiative in 2022 to present day success for the Developmental Specialist workforce serving infants and toddlers with disabilities and their families.

Deaf and Hard of Hearing Person-Centered Service Delivery

Room: Emerald C/D

Presenters: Obioma Officer, MA and Shelly Freed

Deaf and Hard of Hearing (D/HH) person-centered service delivery considers the D/HH community's unique experiences, needs, strengths, preferences, and goals. Traditional service delivery methods often unintentionally put people in "boxes" or focus on a person's deficits, rather than the whole person. This track will assist attendees with understanding what person-centeredness is as it pertains to the D/HH Community, why it is valuable in Nevada's statewide service deliveries, and how it supports D/HH consumers' independence.

2:15 pm | Breakout Session 3 (pick one)

IECMH Endorsement (R) Has Come to Nevada!

Room: Emerald A

Presenter: Jacquelyn Kleinedler, MA, MFT, LADC, NCC

The Nevada Association for Infant and Early Childhood Mental Health launched Infant and Early Childhood Mental Health Endorsement for providers in the State of Nevada on February 1st, 2024. This presentation will provide an overview of what Infant Mental Health is and why Endorsement is good for our families, providers, and communities. Participants will learn the requirements for Endorsement, understand which category of Endorsement they fit in to, and how to begin the application process.

Suicide Prevention/Crisis Intervention 101 (With a Focus on Seniors)

Room: Emerald B

Presenter: Cherylyn Rahr-Wood

This presentation will focus on suicide prevention skills (community level all ages but a focus on elders); Risk factors of suicide: how to recognize the signs of suicide in our elders as well as all of our communities how to ask the direct question about suicide and provide current reliable resources of who to call or whom to refer to if the answer is yes. There will be a focus as well on crisis intervention and how that looks when determining the crisis person is struggling with. Presenter will train attendees on how to administer the Columbia Suicide Severity Rating Scale (C-SSRS), and how to determine what resources are needed depending on persons risk of suicide they are with.

Independent Living

Room: Grand 7

Presenters: Dawn Lyons, John Rosenlund, Scott Youngs, Catherine Neilson, and

Maxmillian Lowe

Independent Living (IL) will be defined, a brief history will be shared, the IL Philosophy will be described, and the difference between IL and the medical model will be explained. NV SILC will share information about IL in Nevada, the Youth Action Council and best practices.

<u>Forward-Thinking and Cross Sectoral Collaboration: Enhancing Services for Nevadans with Intellectual Disabilities and Dementia</u>

Room: Emerald C/D

Presenters: Amy Dewitt-Smith, Jennifer Ruiz, Jazmine Smith, and Jane Gruner Two Nevada nonprofit organizations have teamed up with state agency partners to bring a statewide, evidence-informed intellectual disabilities and dementia training to Nevada. In this session, you will learn about the importance of collaborating while using an interdisciplinary approach to delivering a quality education program to both professionals and direct care staff. Attendees will leave this session with opportunities to implement this type of training program in their own communities.

3:45 pm | Breakout Session 4 (pick one)

Promoting Person-Centered Plans Through Partnerships in Guardianship

Room: Grand 7

Presenters: Debra Bookout, Esq. and Karen Kelly

The Clark County Public Guardian and Legal Aid Center of Southern Nevada, Inc. will demonstrate the importance of building valuable relationships with partners promoting an individual's rights through a person-centered lens even when each stakeholder plays a different role for the individual. We will show how to develop person-centered outcomes for seniors and adults with disabilities by taking into consideration the person's cultural needs and background, as well as their expressed wishes and desires, even when those wishes are not in their best interest. We will demonstrate with case studies how our strong partner relationship enhances and promotes the rights of seniors and adults with disabilities by focusing on person-centered thinking and individualized planning. Attendees will have the opportunity to discuss the case studies provided and offer their own approaches to similar situations.

<u>Embracing Dementia Inclusion: Leveraging the Dementia Friendly Nevada Values within Aging and Disability Services</u>

Room: Emerald C/D

Presenters: Casey Acklin, MA and Jennifer Carson

This session reviews the Dementia Friendly Nevada Values, demonstrating their potential to enhance the inclusivity and impact of aging- and disability-services programs. We will explore examples of improved outcomes facilitated by the Values, hear direct testimonials, and present strategies for organizations to adopt these Values toward a more dementia-inclusive approach.

Building Trust and Collaboration with the Deaf and Hard of Hearing Community

Room: Emerald A

Presenters: Obioma Officer, MA and Shelly Freed

This presentation will highlight the Deaf and Hard of Hearing community partners that play a key part in ongoing autonomy for our community. These advocacy bodies are the pillars of the Deaf and Hard of Hearing community in efforts to maintain social activities, resource knowledge bases, collective commendatory, and more. Ranging from our newborns to our senior citizens, the Deaf and Hard of Hearing community of Nevada have a large collective of non-profits and partners that specialize in the need of those that are Deaf and Hard of Hearing. In efforts to collaborate with the Deaf and Hard of Hearing community in innovative ways, we must become comfortable with collaborating with those that engage language in ways that may seem unfamiliar or new to our day-to-day practices. Language is only a barrier if we decide to give up. Let's discuss and find our commonalities, strengths, and opportunities to grow through effective and innovative collaborations.

Cultivating a Culture of Inclusivity in the Workplace

Room: Emerald B

Presenter: Princette Bowling

Explore the significance of promoting diversity, equity, and inclusion at work, understanding the benefits of fostering an inclusive environment. Heighten awareness of unconscious bias and microaggressions, offering strategies to overcome them. Encourage colleagues to embrace inclusive behaviors that foster a sense of belonging and understanding Trauma-Informed Care.





APRIL 18: FULL CONFERENCE DAY 2

10:45 am | Breakout Session 5 (pick one)

AARP Equipping Employers with Tools and Resources to Support Working

<u>Caregivers</u>

Room: Emerald A

Presenter: Laura Malloy and Tricia Sandiego

AARP is committed to expanding support for working caregivers nationwide, through proactive efforts in advocacy, education and resource development. Part of AARP's strategy in this effort is to educate the employer channels on policies such as Family Medical leave, flexible working accommodations, implementing caregiver content in Employee Resource Groups and Managerial training, initiating referral programs for external resources that support the employees with caregiving responsibilities, and providing access to caregiving resource guides.

<u>Dignity of Risk</u>

Room: Grand 7

Presenter: Sharon Lewis

The concept of dignity of risk is that people have the right to make decisions and choices as well as mistakes. Overprotecting people prevents growth, connection and dreams while taking reasonable risks and living with consequences promotes self-determination. Through this interactive session, attendees will learn the concept and definition of dignity of risk; identify reasons why dignity of risk is important and ways to incorporate dignity of risk in their work.

Social Determinants of Health: Implications for Aging in Nevada

Room: Emerald B

Presenter: Cheryl Johnston, PhD, LMSW, ACHP-SW

This workshop will discuss the definition of social determinants of health and provide information to build understanding about why it is important to have these discussions. Research reflects that social determinants of health contribute to a vast array of health disparities and inequities. We will look at how Nevada compares to the United States regarding our current social determinants of health. Factors such as distance from a healthcare clinic or affordable food sources impact our health and well-being. This workshop will review the five broad categories that make up our social determinants of health; healthcare, economic stability, education, social and community life, and neighborhood.

<u>Developing Partnerships that End Homelessness in Older Adults</u>

Room: Emerald C/D Presenter: Brooke Page

Supportive Housing is a solution for ending homelessness in Nevada when we bring together housing, services, and health systems to support individuals to move from homelessness to housing and achieve equitable health and housing outcomes. This interactive session will highlight innovative ideas including how Centers for Independent Living and Area Agencies on Aging can partner with supportive housing and homeless systems to end homelessness for older adults.

1:15 pm | Breakout Session 6 (pick one)

Workforce Development and System Collaborations

Room: Emerald C/D
Presenter: Michael Yoder

Discover the innovative collaboration strategies being used within Nevada's integrated workforce system. A holistic human centered approach to workforce development services is crucial in leading every individual to their calling while striving for a living wage.

Person-Centered Thinking for Professionals

Room: Emerald B

Presenter: Amy Dewitt-Smith

Certified by the Council on Quality & Leadership as a Personal Outcomes trainer in 2007, Amy Dewitt-Smith has carried the principles of person-centered thinking, person-first language, and full community inclusion throughout her work in aging and disability services. This session will review the importance of words, understanding the "platinum rule," recognizing people as citizens vs. consumers, and how to be a person-centered thinker!

<u>Culturally Responsive Practices in Person-Centered Supports</u>

Room: Grand 7

Presenter: Sharon Lewis, Regina Sisneros, Ilean Haller, Dora Martinez, and Kirissa

Doyle

On the journey towards improving person-centered supports, how can we work together to understand and incorporate each of our many cultural identities (including race, ethnicity, disability, gender, spirituality and more) into the work? Join us for an engaging discussion to share ideas about intentional ways to integrate cultural awareness and responsiveness into planning and delivering services and supports.

The Force of Networking and Navigating

Room: Emerald A

Presenter: Amy Thompson, RN, OCN, CN-BN

Providing quality survivorship care and access to resources is vital as the number of people living with cancer grows annually. Survivorship is more complex in communities where resources are limited and siloed; collaboration is imperative. Learn about Nevada Cancer Coalition's community-based program to discover the force of collaboration and how to harness this strategy in your community.

2:45 pm | Breakout Session 7 (pick one)

Regional Breakouts

This session will include regional breakouts to discuss the Multisector Plan on Aging from each region's perspective.

- · Washoe County Emerald A
- Clark County Grand 7
- · Rural and Frontier Counties Emerald C/D
- · State Departments Emerald B





Find community, education, and resources.

DEERprogram.org











Comprehensive Documentation & Information Management System

Therap's software solution has been chosen by Nevada ADSD (Aging & Disability Services Division) to support ADSD programs. This includes providing service provider organizations for the ADSD program with access to Therap's Person-Centered solution system to support and enhance State and Provider processes including intake, care coordination, service delivery, billing, incident management, and much more through collaboration to create a simplified, integrated system structure to facilitate ongoing quality service delivery and positive outcomes for individuals.

An easily-adoptable turnkey system that supports:

Federal, State and Local Compliance

Secure access from anywhere using web & Therap's Mobile

App EVV Solution that integrates with service documentation

Risk Management & Quality Assurance

Revenue Management, Invoicing and Billing Claims

Analytic Performance Dashboards featuring Data-Driven Outcomes





The N4 village connects Northern Nevadans for inclusive, community-based services, volunteer opportunities, and affordable transportation.

Community Care provides in-home and community-focused services for older adults and people with disabilities. These services are designed to increase engagement by using a person/family-centered approach to care planning, and include free respite for the primary support person of older adults and people with disabilities (including dementia).

N4 Connect helps people with disabilities and adults 60+ access affordable supplemental transportation. People 60+ who live in either Reno or Sparks are eligible for \$80 in free Lyft ride credits a month. And all N4 Connect members receive a 50% discount on rides — up to \$160 worth per person monthly.

The **Time Exchange** allows community members to give and receive services without exchanging any money. When a member provides a service to another member, one hour is earned for each hour spent providing the service.

With the **Volunteer Village**, we build community partnerships with local organizations to provide fun and diverse volunteer opportunities for our members!





The Nevada Aging and Disability Services Division would like to thank these generous sponsors:

The Force









The Jedi Knights



University of Nevada, Reno
School of Medicine
Sanford Center for Aging

The Padawans







The Ewoks



















About ADSD

Aging and Disability Services Division (ADSD) offers various programs, services, resources, and advocacy to support older adults and individuals with disabilities. ADSD connects with individuals, family members, support networks and caregivers to ensure they find the support they need to improve their quality of life.

Mission

To empower older adults, children and adults with disabilities, and their support systems with resources to improve their quality of life and independence.

Vision

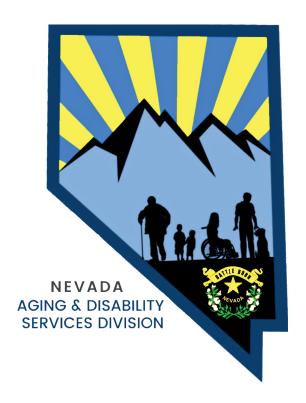
Nevadans of all ages and abilities, will have meaningful lives led with dignity and self-determination.







LifeSpanNV



Conference Committee Members

Autumn Blattman, Regional Coordinator
Kelcy Meyer, Regional Coordinator
Lori Lutu, Regional Coordinator
Samantha Jayme, Health Program Manager
Fatima Taylor, Clinical Program Manager
CJ Johnson, Community Outreach Coordinator
Miles Terrasas, Public Information Officer
LaDonne Knighten, Social Services Chief
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